

TENNIS PROGRAMS

PEE WEE TENNIS

An introduction to the game of tennis in a fun and rewarding way. The equipment is tailored to the playing court size, needs, and athletic ability of the child.

PM CLASSES

Day: Monday - Thursday
 Date: Session I: June 7 - June 10
 Session II: June 14 - June 17
 Session III: June 21 - June 24
 Session IV: July 12 - July 15
 Time: 6:00 p.m. - 6:45 p.m.
 Fee: \$30 per person
 Age: 4 - 7 years old
 Location: Kiwanis Tennis Courts



AM CLASSES

Day: Monday - Thursday
 Date: Session I: June 28 - July 1
 Session II: July 19 - July 22
 Time: 10:15 a.m. - 11:00 a.m.
 Fee: \$30 per person
 Age: 4 - 7 years old
 Location: Kiwanis Tennis Courts

YOUTH TENNIS

Designed to teach basic strokes such as forehand and backhand. Participants must provide a racquet and a can of unopened tennis balls.

PM CLASSES

Day: Monday - Thursday
 Date: Session I: June 7 - June 10
 Session II: June 14 - June 17
 Session III: June 21 - June 24
 Session IV: July 12 - July 15
 Time: 7:00 p.m. - 8:00 p.m.
 Fee: \$30 per person
 Age: 8 & older
 Location: Kiwanis Tennis Courts

AM CLASSES

Day: Monday - Thursday
 Date: Session I: June 28 - July 1
 Session II: July 19 - July 22
 Time: 9:00 a.m. - 10:00 a.m.
 Fee: \$30 per person
 Age: 8 & older
 Location: Kiwanis Tennis Courts



TUESDAY ADULT/TEEN TENNIS

Tennis lessons are offered for both teens and adult age groups based on community demand. If you would like classes or have a group that is interested, call us at the number listed below with your information and with sufficient numbers, we will organize a class. A minimum of four participants is required for each class.

Forming tennis lessons for all age groups in the month of August!

KIDS KARATE

This class will offer children physical fitness, flexibility, respect, dedication, self-confidence, perseverance, and self-defense. A variety of weapons will be studied.

Day: Thursdays
 Date: Session I: May 6 - May 27
 Session II: June 3 - June 24
 Session III: July 1 - July 29
 Session IV: August 5 - August 26
 Time: 5:15 p.m. - 6:00 p.m.
 Fee: \$35 per person
 Age: 10 - 14 years old
 Location: Kiwanis Center



KARATE

This class offers physical fitness, flexibility, respect, dedication, self-confidence, perseverance, and self defense. Kata, Kumite, Self-Defense, and Okinawa weapons are studied.

Day: Tuesdays and Thursdays
 Date: Session I: May 4 - May 27
 Session II: June 1 - June 29
 Session III: July 1 - July 29
 Session IV: August 3 - August 31
 Time: 7:15 p.m. - 8:45 p.m.
 Fee: \$45 per person (Family rates apply)
 Age: 15 & older
 Location: Kiwanis Center



TAI CHI

The Chinese art form of exercise reduces stress and tension while improving energy, endurance, balance, strength, and overall health.

Day: Thursdays
 Date: Session I: May 6 - May 27
 Session II: June 3 - June 24
 Session III: July 1 - July 29
 Session IV: August 5 - August 26
 Time: 6:15 p.m. - 7:00 p.m.
 Fee: \$40 per person
 Age: Adult
 Location: Kiwanis Center



SELF-DEFENSE CLASS

In a real world situation, an attack is over within a few seconds. This class is will prepare you with simple principles and techniques that will allow you to stop an attacker!

Day: Wednesday
 Date: June 30
 Time: 6:00 p.m. - 7:00 p.m.
 Fee: \$10 per person or \$5 if student (show student ID upon registration)
 Age: 15 & older
 Location: Kiwanis Center

This is perfect for high school seniors heading away to college!